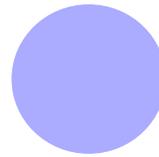




# Powerful Parenting™ Australia



**Hi there!**

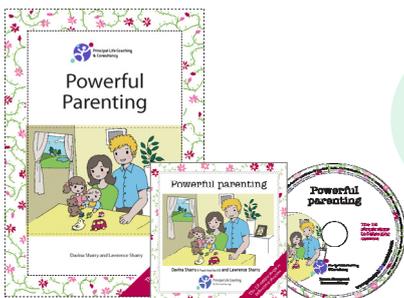
Thank you for choosing the behaviour management program: **'Powerful Parenting—12 simple steps to behaviour success'** to help your family!

The Powerful Parenting Program is actually less of a program, and more of a new way of parenting your child. The 12 steps will not only put you (and your partner) back in the control seat and give you a completely new way of approaching and managing behaviour, but give you a myriad of powerful strategies from setting up the home environment for success and evaluating the care environment to building self esteem, teaching for powerful behaviour and communicating for success. These 12 steps are not something you will 'do' for a few months and then stop... Once you learn these strategies—you will make them your own and come to rely on them as a part of your parenting as your child gets older...

**Before you begin, there a few things we would like to emphasise:**

1. Please read the program once through first so you know where you are heading. It is easier to go on a road trip when you know where you are going.
2. If you have a partner, please ask your partner to read the program once through first **before** beginning. That way you will be united and both know what is ahead of you. Children are very gifted at pitting one parent or adult against the other, and very skilled at finding any cracks in the way their behaviour is managed! The good news is—they can't find any cracks if there aren't any! Working as a 'team' is vital.
3. Once you have both read the program please return back to Step 1, re-read it, and then begin implementing it. The program is easy-to-understand, practical and very user-friendly!
4. Step-by-step you will begin to see changes taking place, but please remember that sometimes things can get 'louder' before they become more manageable. Many of today's children won't take kindly to the changes that parents try to put into place because they like things just the way they are! Even very young children will try to reclaim their power in an attempt to stop you reclaiming yours!

**Please also note:** Most children will learn to control their behaviour in the familiar environment of the home first, before learning to control it in the loud, challenging environments of school or childcare. Please allow your child the time they need to learn to develop social competence.



*Davina Sharry*

B Teach Grad. Dip ECE

***We look forward to hearing about the changes soon...  
All the best! From the team at Powerful Parenting Australia!***

**Please Note:** The Powerful Parenting Program is for single, non commercial use only. Terms and Conditions for this Intellectual Property may be found at [www.powerfulparenting.com.au/termsandconditions](http://www.powerfulparenting.com.au/termsandconditions)

**Powerful Parenting —12 simple steps to behaviour success!**

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